

*Organic Garden Café introduces*  
**Beyond Words Art Show**

"Beyond Words" Art by Survivors of Violence Exhibition features SoulCollage art created by individuals who have found their way out of life's darkest moments. SoulCollage is an art therapy process, a non-verbal, approach to the treatment of trauma helping clients who may have difficulty in expressing their experience directly or effectively with words and communication. Individuals are engaged and relieved and able to uncover hidden emotions through creating collages symbolizing imagery for expressing unconscious, repressed emotions where they can safely arise without relying on words.

The show includes over 13 collages and a poetry reading by survivors who have experienced trauma . The artists come from the north shore and meet once every six weeks with clinician/artist and yoga teacher Laurie Estey, Assistant Director of VOCAL (Victims of Crime and Loss) and clinician for North Shore Rape Crisis Center. The artwork helps to educate greater public awareness about the triumphs of survivors, the need to invalidate prejudices, and the resources available through HES such as VOCAL and NSRCC.

The evening will include gourmet organic food and music by What Time is it Mr. Fox. Prints of the artist work will be displayed and available for sale. Advanced tickets required for \$25.00. Prints of the art work can be purchased for \$20.00 each.

Sunday April 26, 2009. To purchase tickets please contact Laurie Estey 978 9274506 ext. 203, [lestey@hes-inc.org](mailto:lestey@hes-inc.org) or Elisabeth Wrenn @ 781 477 2313 [ewrenn@hes-inc.org](mailto:ewrenn@hes-inc.org).